

COURSE SPECIFICATION DOCUMENT

Academic School / Department:	Richmond Business School
Programme:	Richmond Business School Core
FHEQ Level:	5
Course Title:	Football Coaching
Course Code:	SPT 5230
Course Leader:	Dr Colin Howley
Student Engagement Hours:	160
Lectures/ Training sessions:	80
Seminar / Tutorials:	10
Independent / Guided Learning:	70
Semester:	Fall and Spring
Credits:	4US, 16 UK

Course Description:

The RIASA/Football Association Level 2 in Coaching is a professional development placement in partnership with the West Ridings County Football Association. The course aims to provide students with training for a recognised professional qualification in an industry setting and to cultivate intellectual, professional, and personal skills that will enable them to perform in a culturally diverse coaching contexts and communities. In addition to the RIASA/Football Association Level 2 in Coaching qualification requirements, students will complete assessments designed to help reflect on the skills they are learning and the benefits gained from the RIASA/Football Association Level 2 in Coaching, and also to help them determine if their current career goals in the coaching industries. A faculty supervisor will work closely with each student throughout the duration of the RIASA/Football Association Level 2 in Coaching to ensure that the professional development placement is a successful one.

Prerequisites:

Football Association Level 1

Aims and Objectives:

The RIASA/Football Association Level 2 in Coaching aims to allow students to enhance coaching skillsets developed in Football Association Level 1 in Coaching and further their

own learning within coaching environments. Exponential learning through the development of recognised coaching practices and engagement with a variety of key industry stakeholders are a central to the course objectives. Hence, the overall purpose of the RIASA/Football Association Level 2 in Coaching course is to provide students with industry-level skillsets in order to be better prepared for developments within the coaching profession and to successfully gaining employment following graduation.

Programme Outcomes:

A3, A6

A detailed list of the programme outcomes are found in the Programme Specification.

This is located at the archive maintained by the Academic Registry and found

at: <http://www.richmond.ac.uk/content/academic-schools/academic-registry/program-and-course-specifications.aspx>

Learning Outcomes:

- By the end of this course, successful students should be able to:
- Develop greater responsibility for their own learning and development.
- Coach basic skills and techniques, and demonstrate an understanding of the principles of attack and defence through the use of practices and small sided games.
- Develop an appreciation of the coaching process, the needs of the player and related issues in sports science.
- Plan, conduct and evaluate a series of sessions in a systematic and progressive manner.
- Ensure the health and safety of players and others within the coaching environment and be able to respond to an emergency.
- Promote and establish positive working relationships and high standards of behaviour with players, officials and other coaches.

Indicative Content:

Coaching theory and practice

Planning, delivery and evaluation of ethical football coaching sessions

Group and individual development and management

Communication and game strategy

Assessment:

This course conforms to the Richmond University Standard Assessment Norms approved at Academic Board and located at: <https://www.richmond.ac.uk/policies/>

Teaching Methodology:

This is a collaborative learning course delivered in partnership with the West Ridings County Football Association and students will be taught by both the university and partner organisation.

