



**RICHMOND
THE AMERICAN
INTERNATIONAL
UNIVERSITY IN LONDON**

**IMPORTANT
HEALTH
ADVICE
FOR APPLICANTS
AND
THEIR FAMILIES**

PLEASE READ CAREFULLY BEFORE YOU SEE YOUR DOCTOR

MEDICAL INFORMATION FORM

The Medical Information Form provides a basis for your personal, confidential, medical records. Please ensure that all relevant medical details are given. It is a required part of the admissions procedure.

You should complete the first section yourself. You will then need to make an appointment with your doctor/licensed medical physician so that they can complete the rest. If you do not complete this form prior to arrival you will be asked to do so once you register with Richmond. Please note that the physician may make a charge for carrying out an examination.

GENERAL HEALTH ADVICE

IMMUNIZATIONS

We strongly recommend that you ask your doctor's advice regarding immunizations. This is a good opportunity to update your coverage. Tetanus and polio boosters are advisable every 10 years. Evidence of TB screening may be required on entry to the UK from some countries. Immunization against meningitis (A & C) is recommended by British Health Authorities for all students starting university. Although meningitis & septicaemia are quite rare in Britain, students are at risk in comparison to the general population during their first few weeks of university life. Your nearest British Embassy/Consul can provide further information.

PRESCRIPTION MEDICINES

If you are taking any medication, be sure to bring an adequate supply with you as well as details of your prescription.

Coughs and colds are common in the British climate and you may wish to bring your regular medication from home.

HEALTH SERVICES

During orientation you will be required to register with a local Doctor. Free medical treatment via the UK National Health Service is available to anyone who is going to be in England for more than 6 months. There is no charge if you see a NHS doctor, but you will have to pay at least £6.20 for any item prescribed. Students in full time education who are under 19 years of age get free medication.

All students attending Richmond are required to purchase an additional private health insurance policy and this is automatically included in the fees. This ensures that students can obtain the best possible care should they become ill.

DENTAL TREATMENT

Dental treatment is easily available but it is expensive. We would advise that you have any necessary treatment before starting your course of study.

OPTICAL SERVICES

Optical services are available at a cost. We recommend that you have any prescriptions checked before you leave home and that you bring a spare pair of glasses and adequate supplies for contact lenses.

DIET

The British diet may be different to what you are used to. You should expect it to take a couple of weeks for your body to adjust to new foods, water and environment.

RICHMOND HEALTH SERVICES

There is a Student Health Advisor/Nurse at both campuses. She is a registered nurse and they will be happy to talk to any prospective student and their family regarding health issues. We also have a part time counsellor who will be happy to provide information or other relevant services.

IF YOU WISH TO DISCUSS ANY MEDICAL ISSUES OR YOU NEED ANY ADDITIONAL INFORMATION, PLEASE CONTACT THE UNIVERSITY CO ORDINATOR FOR HEALTH & COUNSELLING ON THE NUMBERS LISTED BELOW.

TELEPHONE: +44 208 332 8208

FAX: +44 208 332 3050